

We Make Nashville Beautiful

"A luxury medical spa redefining aesthetics and wellness. Our signature spa treatments include skincare, injectables, laser therapy, body contouring, liposuction, IV infusions, and more."

[Let's Chat!](#)

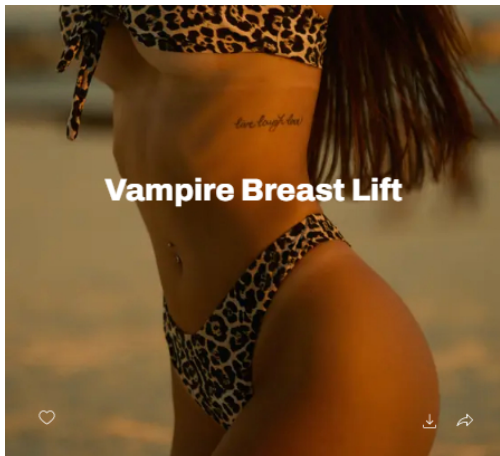
Our Most Popular Treatments

We are specializes in stress-free therapy, including massage and water treatments. We offers gift certificates and you can be referred by your doctor.

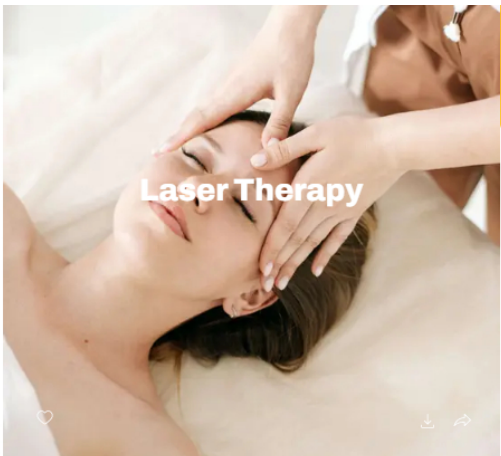
IV Vitamin + Hydration

Face & Body Contouring

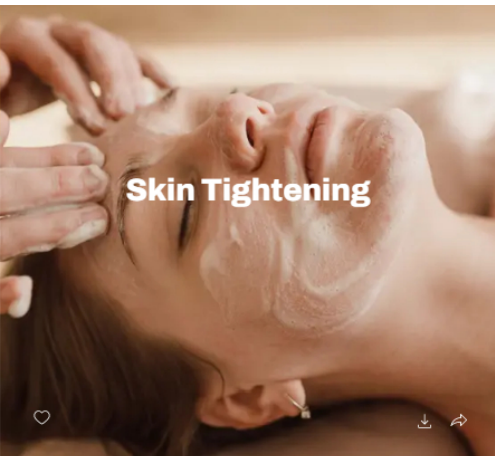
Injectons and Fillers



Vampire Breast Lift



Laser Therapy



Skin Tightening

See More Treatments >

Our Family Members



Dr. Lee Howard,
MD, FACS

Dr. Howard is from
Lawrenceburg, TN. He
attended medical school at
St. George's University and
completed surgical
residency at Lehigh Valley
Hospital.



Mrs. Kelly Howard,
RN, BSN

Kelly is originally from
Union, NJ. She is the wife
of Dr. Lee Howard. Kelly
started her nursing career
as a Pediatric and Neonatal
Intensive Care Unit nurse.
Currently, Kelly serves as
the office manager at Belle
Meade Medical Spa and she
helps to administer our
intravenous therapies.

See More >



Our Service Hours

Sunday

Monday - Thursday

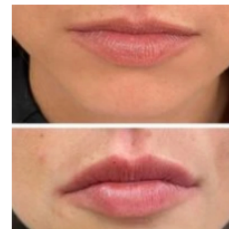
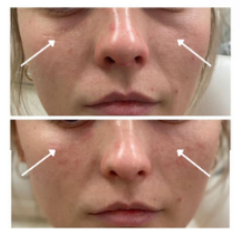
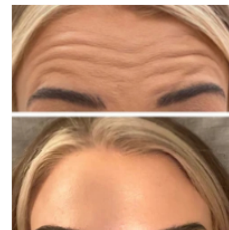
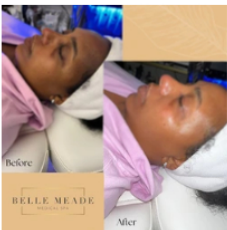
Friday

Closed

09:am - 4:30pm

9:00 Am to 2:00 Pm

Gallery Of Our Treatment



[See More >](#)

OUR SUCCESS STORIES

1752+

HAPPY CLIENTS

15+

YEARS OF EXPERIENCE

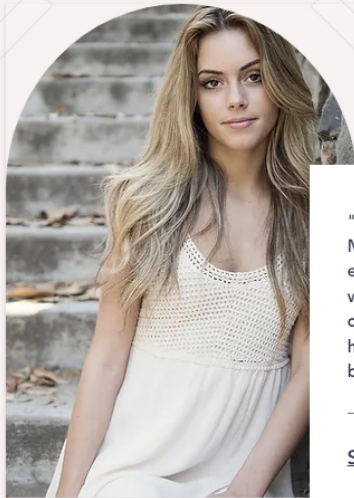
12+

DOCTOR & THERAPIST

100+

AUTHENTIC PRODUCT

What Our Clients Say



" I've had a hydra facial and Botox with the Belle Meade medical spa team and they're terrific! Each experience was so relaxing and easy and the staff is so warm and welcoming. The spa room is beautiful and clean with top of the line equipment. Dr. Howard and his team are so knowledgeable and friendly. You won't be disappointed! "

Sarah Moseley



In Map We Are Here

Belle Meade Medical Spa
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